

# rest assured

Dr. John Bull has worked hard to maintain a balance of comfort and sophistication at his Naperville practice, The John Bull Center for Cosmetic Surgery and Laser MediSpa. "A relaxing atmosphere translates into greater patient comfort—the main goal of my practice," says Dr. Bull.



#### BOARD CERTIFICATION

American Board of Plastic Surgery  
American Board of Surgery

#### MEDICAL DEGREE

Louisiana State University School of Medicine

#### INTERNSHIP

Medical College of Georgia

#### GENERAL SURGERY RESIDENCY

Medical College of Georgia

#### PLASTIC AND RECONSTRUCTIVE SURGERY FELLOWSHIP

Loyola University Medical Center

#### AFFILIATIONS

American Society of Plastic Surgeons  
American Society for Aesthetic Plastic Surgery  
American College of Surgeons

#### PROCEDURES PERFORMED

Abdominoplasty  
Breast Augmentation  
Blepharoplasty  
Liposuction  
Rhinoplasty

Warm earth tones and soft leather sofas bring to mind a cozy living room, which Dr. Bull says "helps patients forget they're at a doctor's office." "All décor was decided upon to make my patients feel relaxed, which results in open communication during consultations and easier discussion of goals," he says. While leading patient meetings, Dr. Bull and his staff review concerns and corresponding expectations, and showcase before-and-after images so patients can view actual surgical results. "On my Web site, I've posted numerous face, breast, body and skin care before-and-after cases, so that even in the comforts of their own homes, potential patients can browse procedures and see the effects they could have on a realistic body. This helps them set more attainable goals." In addition to his extensive Web site—which not only introduces the office staff but also details how procedures are performed to empower patients with essential information—Dr. Bull imparts his wisdom via his monthly column in *The Glimmer*, a Naperville magazine, where he answers questions to debunk myths and provide ethical consumer education.

The center offers a well-rounded list of procedures—including both surgical and noninvasive treatments, like laser skin resurfacing, facelifts, oxygen facials and breast augmentation. "The practice was created with regard to how I can best cater to my clients. From there, I wanted to form a safe environment that offers many aesthetic choices."

**LOCATION**  
Naperville, Illinois  
630.717.6000

**WEB SITE**  
[www.dupageplastics.com](http://www.dupageplastics.com)

## DR. JOHN BULL

**WHAT ONE WORD BEST DESCRIBES YOUR BEDSIDE MANNER** Reassuring  
**WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY** How different each body can be  
**ALTERNATIVE OCCUPATION** Either a biochemical engineer or an architect  
**PLACE YOU GO TO ESCAPE THE OFFICE** The golf course  
**PRO BONO WORK** I performed cleft lip surgery on a trip to Peru and am currently planning a mission to Mexico  
**RIGHT NOW I'M READING** *NewBeauty* magazine

## ASK DR. BULL

**Q: I'VE RECENTLY WELCOMED TWINS INTO THE WORLD, AND NOW I WANT TO FOCUS ON GETTING MY POST-PREGNANT BODY BACK IN SHAPE. WHAT ARE MY OPTIONS?**

**A:** Congratulations on your new arrivals. There are many options for mothers like you, who would like to restore a more taut appearance to their tummies and/or enhance breast perkiness. Before considering specific procedures, however, it's important to first understand the changes you're experiencing. In particular, breasts often lose elasticity with pregnancy because of weight fluctuations, but a lift in combination with either saline or silicone breast implants can bring back a youthful, uplifted appearance. Likewise, after childbirth, many women experience lax, sagging skin around their midsections that are unaffected by diet and exercise. In this case, opting for a tummy tuck and liposuction of the waist, hips and buttocks can yield a slim, feminine hourglass shape. During your consultation, we can discuss which procedure, or combination of procedures, will best realize your specific aesthetic goals.

"A relaxing atmosphere translates into greater patient comfort."

—JOHN BULL, MD